

# Whitehall Physical Education

## **PE Staff:**

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## **Purpose:**

The purpose of this course is to develop the individual to the highest level of his/her physical potential and to have them understand the importance of physical activity as an integral part of daily life.

New York State requires Physical Education to all students in 6<sup>th</sup> through 12<sup>th</sup> grade for graduation diploma (NYSED website).

## **Attendance**

Students are expected to be active participants in daily PE lessons. Attendance will be taken within the first five minutes of class. All unexcused absences will need to be made up within two weeks of the absence. All missed assessments, whether excused or unexcused, must be made up. It is the responsibility of the student to schedule a time with a PE teacher for makeups.

## **Attire**

*Proper attire includes:*

- Sneakers that tie
- Appropriate length shorts (no jean shorts)
- Sweatpants / sweatshirts
- T-shirts (no inappropriate references)
- No dangling jewelry
- Appropriate bathing suit

*Inappropriate attire includes:*

- Boots
- Flip Flops
- Jeans / khakis
- Spaghetti strap or halter tops
- Crop tops
- Offensive language or gestures on clothing

## **Grades**

Grades will be based on class participation (80%) and assessments / assignments (20%).

Non-dressed students are expected to participate in class activity, provided it is safe to do so. Participation is the primary grading expectation of all students. If you are not dressed in safe attire to participate, you will lose all credit for that specific day.

## **Units**

Throughout the year students will be participating in team sports, individual activities, cooperative games, lifetime activities, and fitness.

## Rules and Regulations

- No gum
- No cellphones
- All lockers must be locked with all of your personal belongings in them
- You will be given five minutes to change at the start and end of the period
- You will be issued one lock at the beginning of the year. You are responsible for this lock and will be required to replace it if lost or broken.

## Conduct

All students are required to behave in an appropriate manner. This includes respect for self, classmates, staff, and equipment.

## PE Daily Participation Rubric

<i>Daily Score</i>	<i>Effort / Attitude</i>
<b>5</b> - Student work is beyond expectations	Gives top effort. Self-motivated. Encourages others. Committed to improving personal fitness. Always stays on task. Shows respect to self, classmates, staff, and equipment. Consistently demonstrates a positive attitude and good sportsmanship. Participates in all activities throughout the period.
<b>4</b> - Student work meets expectations	Consistently follows rules. Consistently displays daily effort, cooperation, and hard work. Demonstrates a positive attitude and often encourages other students. Always demonstrates good sportsmanship.
<b>3</b> - Student work nearly meets described standards	Occasionally follows rules. Puts forth some effort. Does not work hard enough to improve fitness level. Needs some reminders to participate. On task most of the time. Inconsistently demonstrates a positive attitude and sportsmanship.
<b>2</b> - Student work does not meet expectations	Puts forth minimal effort. Contributes little to the activity. Inconsistently follows the rules. Works little to improve personal fitness level. Uncooperative at times. Reminders to stay on task. Sometimes disruptive. Very little encouragement to classmates. Negative at times.
<b>1</b> - Students work does not meet expectations	Puts forth little effort. Contributes once in a while to the activity. Rarely follows the rules. Does not work to improve personal fitness level. Uncooperative most of the time. Constant reminders to stay on task. Disruptive. No encouragement to classmates. Does not demonstrate positive sportsmanship.
<b>0</b> - Student work is unacceptable	Is unprepared for class. Uncooperative. Poor Effort. Little or no movement during activities. Bends rules to suit self. Does not follow the rules. Disruptive. Interrupts teacher and classmates. Generally not involved. Displays poor attitude toward activity.